

2008 Riding Mountain Triathlon
August, 16th 2008 - Wasagaming, MB
Olympic Triathlon Overall Results

Pos	Time	Name	City	Category			1500M SWIM			40K BIKE			10K RUN		
				Plc/Total	Category	#	Cat Orv	Time	/100m	Cat Orv	Time	km/hr	Cat Orv	Time	/km
1	2:07:25	Chris GRAHAM	Winnipeg	1/8	Men 25-29	28	1	19:12	1:17	2	1:07:09	35.7	4	41:06	3:55
2	2:09:18	Jeff HEHN	Saskatoon	1/18	Men 40-44	35	4	22:17	1:30	3	1:07:27	35.6	2	39:34	3:47
3	2:15:59	Sean CHEOP	Winnipeg	2/18	Men 40-44	11	8	25:40	1:43	6	1:11:22	33.6	1	38:57	3:43
4	2:21:09	Ray MCCOY	Winnipeg	3/18	Men 40-44	54	9	25:46	1:44	13	1:12:50	33.0	6	42:33	4:04
5	2:21:11	TEAM CLIFFORD	Regina	1/13	Mixed Team	381	2	22:13	1:29	1	1:04:19	37.3	66	54:40	5:13
6	2:21:21	Al PAUCH	Winnipeg	1/19	Men 30-34	61	11	26:19	1:46	5	1:10:54	33.9	11	44:09	4:13
7	2:21:55	Philippe CHABOT	Winnipeg	4/18	Men 40-44	9	6	23:00	1:32	7	1:11:29	33.6	25	47:27	4:32
8	2:23:23	Trevor PIZZEY	Portage la p	5/18	Men 40-44	64	25	27:53	1:52	4	1:08:35	35.0	22	46:56	4:29
9	2:23:54	Danny MURRAY	Winnipeg	6/18	Men 45-49	97	29	28:35	1:55	18	1:14:15	32.3	3	41:04	3:55
10	2:25:50	Willy WELLBORN	Winnipeg	2/8	Men 20-24	101	3	22:14	1:29	27	1:16:49	31.2	21	46:48	4:28
11	2:26:22	TEAM TURNER	Winnipeg	2/13	Mixed Team	108	48	30:27	2:02	11	1:12:41	33.0	8	43:14	4:07
12	2:27:07	Mark KULCHYCKI	Winnipeg	2/19	Men 30-34	44	24	27:47	1:52	17	1:14:10	32.4	16	45:12	4:19
13	2:27:20	SLOWER THAN YOU	Brandon	3/13	Mixed Team	106	17	27:17	1:50	19	1:14:27	32.2	18	45:36	4:21
14	2:27:54	Rod THIESSEN	Steinbach	7/18	Men 45-49	82	32	28:57	1:56	14	1:13:15	32.8	20	45:44	4:22
15	2:28:35	YUTOBA	Winnipeg	4/13	Mixed Team	110	26	28:10	1:53	9	1:12:27	33.1	27	47:59	4:35
16	2:28:57	Colin BLANCHETTE	Winnipeg	3/19	Men 30-34	95	22	27:46	1:52	10	1:12:28	33.1	32	48:43	4:39
17	2:29:03	Stephen LODEN	Regina	3/8	Men 20-24	48	51	30:40	2:03	26	1:16:13	31.5	5	42:11	4:02
18	2:29:22	Maureen VAN SCHEPDAEL	Winnipeg	1/9	Women 40-44	84	13	26:49	1:48	28	1:16:58	31.2	17	45:35	4:21
19	2:31:33	Darcy CHRISP	Portage	4/19	Men 35-39	12	19	27:33	1:51	16	1:13:26	32.7	44	50:35	4:50
20	2:32:14	Shane MACDONALD	Thompson	5/19	Men 35-39	50	23	27:46	1:52	34	1:19:24	30.2	15	45:04	4:18
21	2:33:02	Paul DYCK	Winnipeg	4/8	Men 25-29	21	74	32:56	2:12	8	1:11:55	33.4	28	48:11	4:36
22	2:33:06	Camilo MONDACA	Winnipeg	6/19	Men 35-39	59	47	30:21	2:02	12	1:12:41	33.0	38	50:05	4:47
23	2:33:24	Mike STEEVES	Brandon	7/19	Men 35-39	75	30	28:47	1:56	20	1:14:29	32.2	42	50:10	4:47
24	2:33:54	Robert HYDOMAKO	Saskatoon	5/8	Men 25-29	37	85	34:16	2:18	23	1:15:48	31.7	10	43:52	4:11
25	2:34:02	George KROUPA	Winnipeg	8/18	Men 40-44	43	35	29:05	1:57	15	1:13:21	32.7	48	51:38	4:55
26	2:34:12	John KENNY	Winnipeg	6/8	Men 25-29	41	7	24:51	1:40	55	1:25:36	28.0	9	43:45	4:10
27	2:34:16	Kevin BEECHINOR	Winnipeg	8/19	Men 35-39	2	12	26:21	1:46	22	1:15:31	31.8	52	52:24	5:00
28	2:34:26	Tim HAWKINS	Winnipeg	1/7	Men 50-54	32	60	31:09	2:05	33	1:18:38	30.5	12	44:40	4:16
29	2:35:10	Richard INSLEY	Winnipeg	9/18	Men 40-44	38	44	30:03	2:01	24	1:15:56	31.6	36	49:13	4:42
30	2:37:32	Craig STEPHEN	Winnipeg	9/19	Men 35-39	76	14	26:50	1:48	37	1:20:13	29.9	43	50:30	4:49
31	2:38:35	Carina KIRK	Winnipeg	1/17	Women 35-39	42	20	27:37	1:51	43	1:22:30	29.1	30	48:29	4:37
32	2:38:46	Colin BIALKOSKI	Winnipeg	10/19	Men 35-39	4	80	33:35	2:15	21	1:15:04	32.0	39	50:07	4:47
33	2:39:54	Carl SEIER	Winnipeg	10/18	Men 40-44	72	31	28:53	1:56	30	1:17:36	30.9	60	53:26	5:06

Pos	Time	Name	City	Category			1500M SWIM			40K BIKE			10K RUN		
				Plc/Total	Category	#	Cat	Orv	Time	/100m	Cat	Orv	Time	km/hr	Cat
34	2:40:28	William DEGAGNE	Winnipeg	2/7	Men 55-59	16	76	33:06	2:13	32	1:18:20	30.6	35	49:03	4:41
35	2:41:15	Chantal DENHOLM	Winnipeg	2/17	Women 30-34	17	67	32:07	2:09	47	1:24:25	28.4	13	44:43	4:16
36	2:41:18	Sheldon REYNOLDS	Winnipeg	3/7	Men 55-59	98	42	29:59	2:00	59	1:26:29	27.8	14	44:52	4:17
37	2:41:33	Karen FISCHER	Calgary	2/9	Women 40-44	22	34	29:01	1:57	48	1:24:36	28.4	26	47:57	4:34
38	2:41:41	THE REAL MCBOYS	Brandon	5/13	Mixed Team	109	5	22:31	1:31	87	1:36:37	24.8	7	42:34	4:04
39	2:41:45	Laura SALMON	Whitehorse	3/17	Women 35-39	68	62	31:21	2:06	39	1:21:22	29.5	34	49:02	4:41
40	2:41:52	Marc LECLAIR	Winnipeg	11/19	Men 35-39	47	58	30:49	2:04	31	1:17:44	30.9	58	53:19	5:05
41	2:42:10	Kate OKANY	Winnipeg	1/5	Women 50-54	60	15	26:56	1:48	67	1:27:54	27.3	24	47:21	4:31
42	2:42:53	John BLYTH	Brandon	4/7	Men 50-54	7	89	35:15	2:21	25	1:16:03	31.6	47	51:36	4:55
43	2:42:55	Lynne MARKHAM	Winnipeg	4/17	Women 35-39	51	18	27:17	1:50	52	1:25:01	28.2	45	50:38	4:50
44	2:43:51	Kristen PAUCH-NOLIN	Winnipeg	5/17	Women 35-39	62	53	30:42	2:03	40	1:21:27	29.5	49	51:44	4:56
45	2:44:10	Fern MCIVER	Winnipeg	6/17	Women 30-34	56	54	30:44	2:03	57	1:26:21	27.8	23	47:05	4:30
46	2:45:28	Ken BICKNELL	Winnipeg	11/18	Men 45-49	250	81	33:59	2:16	29	1:17:16	31.1	64	54:13	5:10
47	2:45:29	Kevin LAMOUREUX	Winnipeg	7/8	Men 25-29	46	72	32:38	2:11	36	1:20:12	29.9	54	52:40	5:01
48	2:45:33	Deanne BENNETT	Winnipeg	1/4	Women 25-29	3	41	29:54	2:00	45	1:23:29	28.7	51	52:10	4:59
49	2:46:16	Sandra BAARS	Winnipeg	2/4	Women 25-29	1	82	34:04	2:17	42	1:22:05	29.2	41	50:09	4:47
50	2:46:53	Mervin BILINSKI	Saskatoon	12/18	Men 40-44	5	71	32:27	2:10	54	1:25:32	28.1	33	48:54	4:40
51	2:47:36	Loretta KULCHYCKI	Winnipeg	7/17	Women 30-34	45	66	31:36	2:07	44	1:22:40	29.0	59	53:21	5:05
52	2:47:42	Daphne LOOYSEN	Saskatoon	3/9	Women 40-44	49	39	29:46	2:00	69	1:28:10	27.2	37	49:47	4:45
53	2:47:46	Mark FORSYTH	Winnipeg	12/19	Men 30-34	24	73	32:55	2:12	35	1:19:44	30.1	67	55:08	5:15
54	2:48:13	SPORTIE FORTIES	Brandon	6/13	Mixed Team	146	45	30:11	2:01	62	1:27:18	27.5	46	50:45	4:50
55	2:49:00	Tyra DICKSON	Morris	3/4	Women 25-29	18	90	35:18	2:22	68	1:28:07	27.2	19	45:36	4:21
56	2:49:30	Dawn HUCK	Winnipeg	4/9	Women 40-44	14	16	27:10	1:49	51	1:24:56	28.3	74	57:25	5:29
57	2:50:16	Andrea TETRAULT	Winnipeg	8/17	Women 35-39	81	56	30:48	2:04	41	1:21:39	29.4	77	57:50	5:31
58	2:50:22	Kevin WIEBE	Winnipeg	13/18	Men 45-49	88	75	33:02	2:13	50	1:24:49	28.3	53	52:32	5:01
59	2:50:37	John SAWCHUK	Winnipeg	1/4	Men 60+	71	27	28:15	1:53	70	1:28:10	27.2	63	54:12	5:10
60	2:51:19	Scott CHAPMAN	Winnipeg	14/18	Men 45-49	10	83	34:06	2:17	38	1:21:04	29.6	70	56:10	5:21
61	2:51:36	SKID MARKS	Winnipeg	7/13	Mixed Team	105	65	31:33	2:07	58	1:26:24	27.8	61	53:40	5:07
62	2:52:25	Chris DUBBERLEY	Winnipeg	13/19	Men 35-39	20	79	33:20	2:14	60	1:26:58	27.6	50	52:09	4:58
63	2:52:30	Dale SAWATZKY	Steinbach	15/18	Men 45-49	70	61	31:19	2:06	46	1:23:45	28.7	75	57:28	5:29
64	2:52:50	Jan HAWKINS	Winnipeg	5/9	Women 45-49	33	52	30:42	2:03	73	1:28:50	27.0	57	53:19	5:05
65	2:55:05	Richard SOHOR	East St Paul	5/7	Men 55-59	74	64	31:30	2:06	49	1:24:48	28.3	78	58:48	5:36
66	2:55:26	Holly PIZZEY	Portage la p	9/17	Women 35-39	63	84	34:10	2:17	61	1:27:05	27.6	62	54:12	5:10
67	2:55:34	Astrid DE BRUYN	Winnipeg	6/9	Women 40-44	15	28	28:27	1:54	78	1:31:38	26.2	69	55:30	5:18
68	2:55:45	Linda WHITFIELD	Winnipeg	7/9	Women 40-44	87	88	34:59	2:20	79	1:32:23	26.0	29	48:25	4:37
69	2:55:46	Jacqueline HAY	Winnipeg	4/4	Women 20-24	34	70	32:17	2:10	71	1:28:11	27.2	68	55:20	5:17
70	2:56:07	Michael KAUL	Winnipeg	14/19	Men 35-39	39	87	34:53	2:20	72	1:28:18	27.2	56	52:56	5:03
71	2:56:12	Kimberly ZEALAND	Winnipeg	10/17	Women 30-34	89	38	29:33	1:59	81	1:33:59	25.5	55	52:40	5:01

Pos	Time	Name	City	Plc/Total	Category		#	1500M SWIM			40K BIKE			10K RUN		
					Category			Cat	Orv	Time	/100m	Cat	Orv	Time	km/hr	Cat
72	2:56:31	Jason Myles TAYLOR	Balmoral	15/19	Men 30-34		80	21	27:38	1:51	64	1:27:25	27.5	84	1:01:28	5:52
73	2:56:56	Bob GROFF	Winnipeg	2/4	Men 60+		30	40	29:49	2:00	65	1:27:43	27.4	80	59:25	5:40
74	2:57:31	SPERLING CONNECTION	Brunkild	8/13	Mixed Team		107	50	30:36	2:03	53	1:25:18	28.1	85	1:01:37	5:53
75	3:00:13	Ron GEORGE	Winnipeg	16/18	Men 45-49		26	57	30:48	2:04	91	1:39:19	24.2	40	50:08	4:47
76	3:00:42	Paul MEHLSSEN	Regina Beach	6/7	Men 50-54		96	43	30:01	2:01	83	1:34:28	25.4	71	56:15	5:22
77	3:01:01	Scott MEAKIN	Winnipeg	16/19	Men 35-39		103	69	32:15	2:09	82	1:34:26	25.4	65	54:20	5:11
78	3:01:06	Mike STOYKO	Winnipeg	17/18	Men 40-44		77	59	30:51	2:04	75	1:30:08	26.6	81	1:00:08	5:44
79	3:01:22	Karen TOEWS	Steinbach	2/5	Women 50-54		83	78	33:13	2:13	66	1:27:46	27.3	83	1:00:24	5:46
80	3:02:04	RODYNA	Winnipeg	9/13	Mixed Team		104	93	36:57	2:28	63	1:27:22	27.5	76	57:46	5:31
81	3:04:21	Kevin GRINDEY	Brandon	17/19	Men 35-39		29	36	29:16	1:58	77	1:30:44	26.5	87	1:04:22	6:08
82	3:05:06	Carolyn SMITH	Winnipeg	3/5	Women 50-54		73	63	31:29	2:06	74	1:28:59	27.0	88	1:04:39	6:10
83	3:06:18	Debbie HOFFORT	Estevan	11/17	Women 35-39		36	91	35:51	2:24	92	1:41:47	23.6	31	48:41	4:39
84	3:06:55	Corrie-Lynn MCDOUGALL	Rmnp	12/17	Women 30-34		55	95	37:27	2:30	80	1:32:35	25.9	72	56:54	5:26
85	3:12:28	Mark VEERKAMP	Winnipeg	18/19	Men 35-39		85	102	39:53	2:40	56	1:26:11	27.8	90	1:06:25	6:20
86	3:12:46	Robert MCMECHAN	Ottawa	7/7	Men 55-59		57	100	38:21	2:34	89	1:37:02	24.7	73	57:23	5:28
87	3:13:16	Shannon SAWATZKY	Steinbach	13/17	Women 35-39		69	46	30:17	2:02	86	1:35:32	25.1	92	1:07:29	6:26
88	3:14:32	Glen-mary CHRISTOPHER	Yorkton	14/17	Women 30-34		13	86	34:52	2:20	76	1:30:24	26.5	93	1:09:17	6:36
89	3:17:17	Grant GIBSON	Regina	3/4	Men 60+		27	68	32:14	2:09	90	1:38:45	24.3	89	1:06:20	6:19
90	3:19:05	Garry KENNEDY	Swan River	4/4	Men 60+		40	96	37:51	2:32	93	1:41:54	23.6	79	59:21	5:40
91	3:23:06	Angela DOUKLIAS	Winnipeg	15/17	Women 35-39		19	33	28:59	1:56	85	1:35:07	25.2	99	1:19:01	7:32
92	3:27:59	James BRERETON	Carberry	19/19	Men 30-34		8	98	38:00	2:32	84	1:34:51	25.3	95	1:15:08	7:10
93	3:28:01	Myles BLAHUT	Winnipeg	18/18	Men 45-49		6	94	37:09	2:29	98	1:50:42	21.7	82	1:00:11	5:44
94	3:34:37	Tricia SHYIAK	Yorkton	16/17	Women 35-39		99	101	39:16	2:38	96	1:48:24	22.1	91	1:06:58	6:23
95	3:35:32	THE LAST RESORT	Winnipeg	10/13	Mixed Team		147	97	37:52	2:32	88	1:36:56	24.8	100	1:20:45	7:42
96	3:35:43	CHASING SCOTT	Brandon	11/13	Mixed Team		380	55	30:46	2:04	97	1:48:52	22.0	96	1:16:06	7:15
97	3:39:38	Kathy RODGER	Regina	8/9	Women 45-49		67	77	33:10	2:13	99	1:53:30	21.1	94	1:12:59	6:58
98	3:40:31	Elizabeth GEBAUER	Brandon	9/9	Women 40-44		25	99	38:16	2:34	94	1:45:13	22.8	97	1:17:03	7:21
99	3:47:04	Wanda MATHERS	Brunkild	4/5	Women 55-59		52	49	30:36	2:03	100	1:54:02	21.0	101	1:22:27	7:52
100	3:51:27	JoAnn LYTLE	White Rock	5/5	Women 55-59		148	92	35:58	2:24	101	1:57:36	20.4	98	1:17:54	7:26
101	4:03:14	THE SEVENTIES	Winnipeg	12/13	Mixed Team		93	103	44:58	3:00	95	1:48:08	22.2	102	1:30:09	8:36
102	4:15:01	ME AND THE 2 C'S	Moose Jaw	13/13	Mixed Team		90	104	58:46	3:56	102	2:13:58	17.9	86	1:02:19	5:57
103		Devan POHL	Morden	8/8	Men 20-24		65	10	26:13	1:45						
104		Jennifer RITTER	Winnipeg	17/17	Women 35-39		66	37	29:20	1:58						